Youth Link creates connections and aims to link Children and Young People to relevant and safe non-clinical provisions that can help improve their skills, provide support, and promote health and wellbeing. We aim to encourage links to support networks and the development of reliable relationships.

Social Prescribing Service for Children and Young People:

- Who have low to moderate mental or physical health needs and special educational needs/disabilities.
- Aged 10–24, that are registered with a doctor within the West Herts area (Watford/Three Rivers/Dacorum/Hertsmere/St Albans).
- Looking for support, information, and direction on how to improve their physical and/or emotional health and wellbeing, but are unsure of where to go and may face various social, economic, or environmental barriers to access that support.

Watford FC Community Sports & Education Trust

Youth Link
- Single point of access
- Social prescribing
- 6 Face to Face meetings (plus check ins and reviews) tailored for Young People
- Linking with and supporting non-clinical/community services

Physical Activity Advice
Counselling
Health Support
Socialisation
Education/Training
Volunteering
Employment and more...

Primary/Secondary/ Voluntary Care Services
- Free support provision
- Working with the individual
- Tailored support

The Community

Young Person

Watford FC
Community FC
wellbeing
Partner Information

Are you a referring partner?

Youth Link aims to work with various sectors in our local community to create connections to relevant and safe provisions for Children and Young People.

Are you:

- A physical activity provider?
- Advice service?
- Counselling/therapy service?
- Social support service?
- Social activity provider?
- Education/training provider?
- Youth mentor?
- Youth club?
- Able to provide employment or volunteering opportunities?
- Another service which will support or provide opportunities for Children and Young people aged between 10-24?

...we would love to hear from you!

We want to support Children and Young People to access your programmes/services.

To find out more, contact Stephen: stephen.ware@watfordfc.com

To make a referral, use the Youth Link referral form.