

TALKING Promoting Strong Family R ADDITIONAL NEEDS

Tuesdays 9.45 - 11.15am Online Course: ID 701 25th February to 1st April 2025 For parents of children aged 2-19

Wednesdays 7.45 - 9.15pm Online Course: ID 709 8th January to 12th February 2025 For parents of Teenagers

A 6-week group for parents and carers of children with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict and improve emotional regulation
- Explore sensory needs.
- Increase your child's resilience.
- Manage the different needs within your family.

These courses are provided free to participants by Hertfordshire County Hertfordshire Council's Targeted Parenting Fund



Our online support sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

Booking essential Please quote the course ID To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.