



watersmeet

**Relaxed Performance – Pre-show Audience
Information Park**



**Saturday 31st December 2022
11am**

Relaxed performances are designed to create an enjoyable and relaxed atmosphere for people who find the usual theatre environment stressful, such as pre-school age children, those with an autism spectrum condition, learning disability or sensory/communication disorder and their families to engage with live performance and theatre. We hope this information will help you prepare for your visit and give you an idea of what to expect.

If you have any further questions about any aspect of the Relaxed Performance, please feel free to contact:

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What is a Relaxed Performance?

Relaxed Performances are designed to create an inclusive and tolerant performance for people who may not necessarily feel able to attend theatre due to varying levels of ability.

In a Relaxed Performance, children, young people and their families benefit from a relaxed environment, since the performance is adjusted to reduce anxiety or stress and there is a relaxed attitude to noise and moving around the auditorium during the performance.

We have adapted our pantomime for this relaxed performance to make it accessible, but not exclusively so, to families of those with autism and other disabilities, or families with very small children.

We ask every audience member and staff member to be tolerant and accepting of the fact that young people with learning disabilities will express enjoyment of the show in different ways and we ask anyone who attends to be supportive of this.

This pre-show information pack has been created to help you prepare for your visit and to give you an idea of what to expect. For anyone who needs to leave the show, we have a small, quiet 'relaxation room' outside the auditorium where those that need to can run around and get rid of all the pent-up energy from sitting down for so long.

Tickets for this relaxed performance can only be bought over the phone or at the theatre as we'd like to give you the opportunity to discuss your individual needs and see how we can accommodate them. Please feel free to contact the box office on 01923 711063 if you would like to discuss your needs further.

Why are we offering a Relaxed Performance

We welcome customers with disabilities to all our theatre shows, however, through speaking to families with children and young people with learning disabilities, we understand that people feel the barriers are often too great.

That's why we have scheduled a Relaxed Performance of our pantomime, to remove or address the barriers we are aware of and to make a trip to the theatre an enjoyable and positive experience, rather than a stressful one.

This is Watersmeet



There are several car parks in Rickmansworth and two disabled parking spaces directly outside the venue.

There are automatically opening doors at the theatre entrance, once inside you will find our Box Office. This is where you can talk to our staff to book and collect tickets for the show.



It is best to arrive early for the show to have enough time to collect your tickets from the Box Office if you need to, go to the toilets, use the stairs or lift and get settled in your seat before the show starts.

The foyer and bar areas can sometimes get very crowded before the show, you may wish to arrive early or visit the 'relaxation room' before the performance starts.

Take the fully accessible lift or stairs to the first floor of the theatre, where you will find a bar, ladies, gentlemen and disabled access toilets.

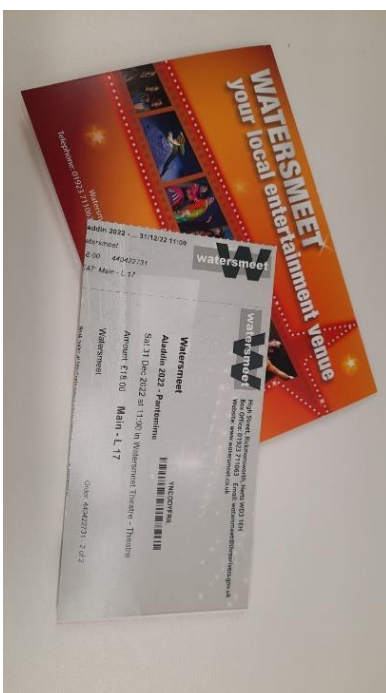
This is the Chess bar



This is the Colne Room bar (quiet area)



This is the upper foyer and entrance to the auditorium



On your ticket, you will find your seat number. Our staff will help you find your seat and there may be steps down to your seat.

Here is an example of one of our tickets. The seat on this ticket is row L, seat number 17.

Inside the Auditorium



This is what the auditorium will look like as you walk in. This large room is all on one level and is slightly raised towards the back. The house lights are kept on while everyone finds their seats and are usually dimmed for the show itself. During this relaxed performance of the pantomime, they will be left on.

Here is the cast on stage rehearsing.



Aladdin

The cast will come onto the stage and introduce themselves before the performance begins.

The story of Aladdin is traditionally told in two Acts.

At the end of Act One there will be an interval of 20 minutes to give you the chance to stretch your legs, go to the toilet or buy a drink, ice-cream or sweets.

The performance will last approximately 2 hours 30 minutes in total and should finish around 1.30pm.

Each Act will last just over 1 hour.

Story

Aladdin lives with his mother Widow Twankey and his brother Wishee Washee. They run a laundry in the town.

Aladdin falls in love with the Emperor's daughter 'Princess So-Shi'.

Evil Abanazaar needs Aladdin's help to steal some jewels and the magic lamp. He pretends to be Aladdin's long-lost uncle so Aladdin will help him.

When Aladdin gets into the cave to find the jewels, Abanazaar locks him in but a magical friend helps Aladdin get free!

Aladdin must ask his friends to help him make sure Abanazaar doesn't win and get the jewels.

Aladdin wants to win Princess So-Shi's hand in marriage, can he do it?

Introducing the Cast of Aladdin



This is **Aladdin**

Aladdin is the hero of the story

Aladdin is played by

Seren Sandham-Davies. She smiles a lot and is a great singer and dancer!

This is the **Genie of The Lamp**

He creates the magic so Aladdin can escape Abanazaar's tricks.

He is played by Miguel Angel .



This is **The Genie of The Ring** . She helps Aladdin and Princess So-Shi fall in love .

Genie of The Ring is played by Amy Day she is musical theatre trained and starred in 'Love Island'.

This is Widow Twankey,
She is Aladdin's mother. She is a pantomime
dame, traditionally played by a man.
Widow Twankey is played by Nick Barclay .



This is Wishee -Washee , Aladdin's brother . He is funny and wants to help his
mum's business be a success. Wishee-Washee is played by Christian James

This is Abanazaar. He is played by Joseph Elliott. He is a baddie who wants to
take over the world and enslave The Genie of The Lamp to do his evil deeds.



Would you like to come and see the venue before the performance?

It may be useful for you to visit Watersmeet before the day of the Relaxed Performance so you can have a look at our facilities and familiarise yourself with the building.

The theatre is open to the public from 10am until 4pm, Monday to Friday. If you would like an accompanied orientation visit with a member of staff, please get in touch and we will be happy to arrange this at an agreed time.

Please telephone 01923 711063 or email judy.simpson@threerivers.gov.uk to arrange your visit.