



The Phoenix Programme is a programme developed by Morgan Sindall Property Service (MSPS) to support female survivors of domestic abuse, rebuild confidence and develop skills to gain sustainable employment.











Initial Assessment

- Understanding your aspirations
- Identify individual needs e.g. roles, skills gap
- · Developing of bespoke training plan
- · Assigning a named advisor



Digital Skills

- Microsoft programmes Levels 1 to 3
- Support accessing computers where required
- Signposting support groups and organisations
- Creating Linkedin profile



Skills For Work

• Offering a range of accredited courses from customer service to teaching assistant

Work Experience

Flexible hours to meet individual needs.

Includes a range of field and office

Out of sector experience offered



Managing Wellbeing

- Support with wellbeing
- Support with health checks
- Signposting local healthy living classes including cooking and exercising classes



Volunteering

- Adding additional skills to CV
- Opportunity to work with local organisations
- Organisations will be aligned to individual aspirations



The programme will support those on their employability journey including an initial assessment of needs and aspirations followed by support with digital skills, CV preparation, mentoring, skills for work, work experience, interview preparation and managing finances.

MSPS will also provide guaranteed interviews for roles within the business and with supply chain partners. Developed in partnership with Addressing Domestic Abuse, a community interest company (CIC) and the Employers Domestic Abuse Covenant (EDAC) the programme will be tailored to survivor's needs.



CV & Interview Preparation

- Understanding your transferable skills
- Developing different CVs for different roles
- Creating cover letters to support applications



Mentoring

Signposting for additional mentoring support



based roles

where possible

References provided

Interview

- Support with interview preparations and inclusion of mock interview
- Referrals to SmartWorks for interview clothing
- Provisions of travel cards



Managing Finances

- Supporting with basic financial management and budget management
- Conducting better off calculation
- Energy cafés to support with fuel bills
- Signposting debt advice
- Supporting with income and expenditure
- Signposting to partners for additional funding – e.g. DWP and childcare



Social

- Peer-to-peer support
- Virtual / face to face events e.g. coffee mornings
- Opportunities to share experiences
- Guest speakers



Outcomes

- Guaranteed interview
- Further training option
- Employment opportunities
- · Regaining self esteem
- Creation of a support network
- Opportunity to mentor other survivors
- Feeling positive about your future



For further details or information regarding the referral process please contact **Neil.kieran@stalbans.gov.uk**







