



Ohana

Winter 2025-26 Newsletter

"Ohana means family. Family means nobody gets left behind or forgotten."

Ohana is for young care experienced parents.

We offer the opportunity to build new, positive relationships in three different ways: **Ohana Support Group**, **Ohana Champions**, and **Lifelong Links**.



Ohana Parents work with For Baby's Sake



Ohana Parents are participating in For Baby's Sake's pilot programme, "For Future Me".

This is a trauma-informed therapeutic approach which aims to support care-experienced young people to develop healthy relationships for life. You can find out more about the programme here:



<https://forbabysake.org.uk/news/2025/02/20/for-my-future-pilot-programme/>



Babysshed Event!

stevenage  vineyard

On the 24th of November, Bev and Katy from the Ohana Team attended Babysshed's exciting event at Stevenage Vineyard Church!



This was a great opportunity to find out more about the valuable support Babysshed offer, and to meet Hertfordshire colleagues who are also working to support local families, including Councillor Nazmin Chowdhury (the Mayor of Stevenage)!

To find out more about how you can support Babysshed, please visit their website: <https://stevenage-vineyard.co.uk/compassion/babysshed/>



Ohana Christmas Party



On the 9th of December, we held our exciting annual Ohana Christmas event, with 60 Ohana family members and 8 Ohana Champion volunteers in attendance.

We all had a wonderful time, enjoying entertainment from FUN Kids, as well as festive arts and crafts. Every child was invited to meet Father Christmas in his stunning grotto to receive a gift and a photo with Santa! John Lewis and Toyshed provided a present for every child, whilst Ohana Parents received supermarket vouchers gifted by Forever Young People.

We want to thank everyone who helped us make the party so special!



JOHN
LEWIS
WELWYN



FOREVER
YOUNG
PEOPLE



stevenage  vineyard

Ohana Champions Cream Tea

On the 17th of December, we held our annual Ohana Champions Christmas Cream Tea at Stevenage Garden Centre, which was attended by 9 Ohana Champions and staff. This was a great opportunity for us to thank our amazing Champions for all the support they offer our Ohana families.



Ohana Champions volunteer recruitment update

We have recently recruited 12 new Ohana Champions to support care-experienced young parents and their families in Hertfordshire!

Training sessions have taken place on 3rd December 2025 and 14th January 2026, where Ohana Champions received certificates!



To become an Ohana Champion, please complete an Expression of Interest by scanning our QR code:



Foodshed Donations

Thank you to everyone who donated - including the Recruitment Team in Robertson House, who brought down 3 whole boxes of donations to Farnham House Reception! Please continue to donate if you can - so we can help even more people in 2026.



Save the dates!

Little City Half-Term Event

19th February

11:00am - 1:00pm

Bedwell Community Centre



Easter Music Event

2nd April

11:00am - 1:00pm

Bedwell Community Centre



Ohana Support Groups

DJ's Play, St Albans (AL4 9LP)

All sessions take place between 11:45am - 2:00pm

12th February

26th March

26th February

16th April

12th March

30th April

Bedwell Community Centre, Stevenage (SG1 1NA)

All sessions take place between 10am - 12 noon

5th February

23rd April

5th March

7th May

19th March

21st May

2026 Ohana Online Support Sessions

All sessions take place every other Friday between 10:30am - 12 noon

6th February

20th March

20th February

17th April

6th March

1st May

To find out more information about Ohana, contact Fiona on **07866 224876** or Bev on **07749 778756**, email ohana@hertfordshire.gov.uk, or visit www.hertfordshire.gov.uk/ohana

