



NO MORE YOUTH SERVICE

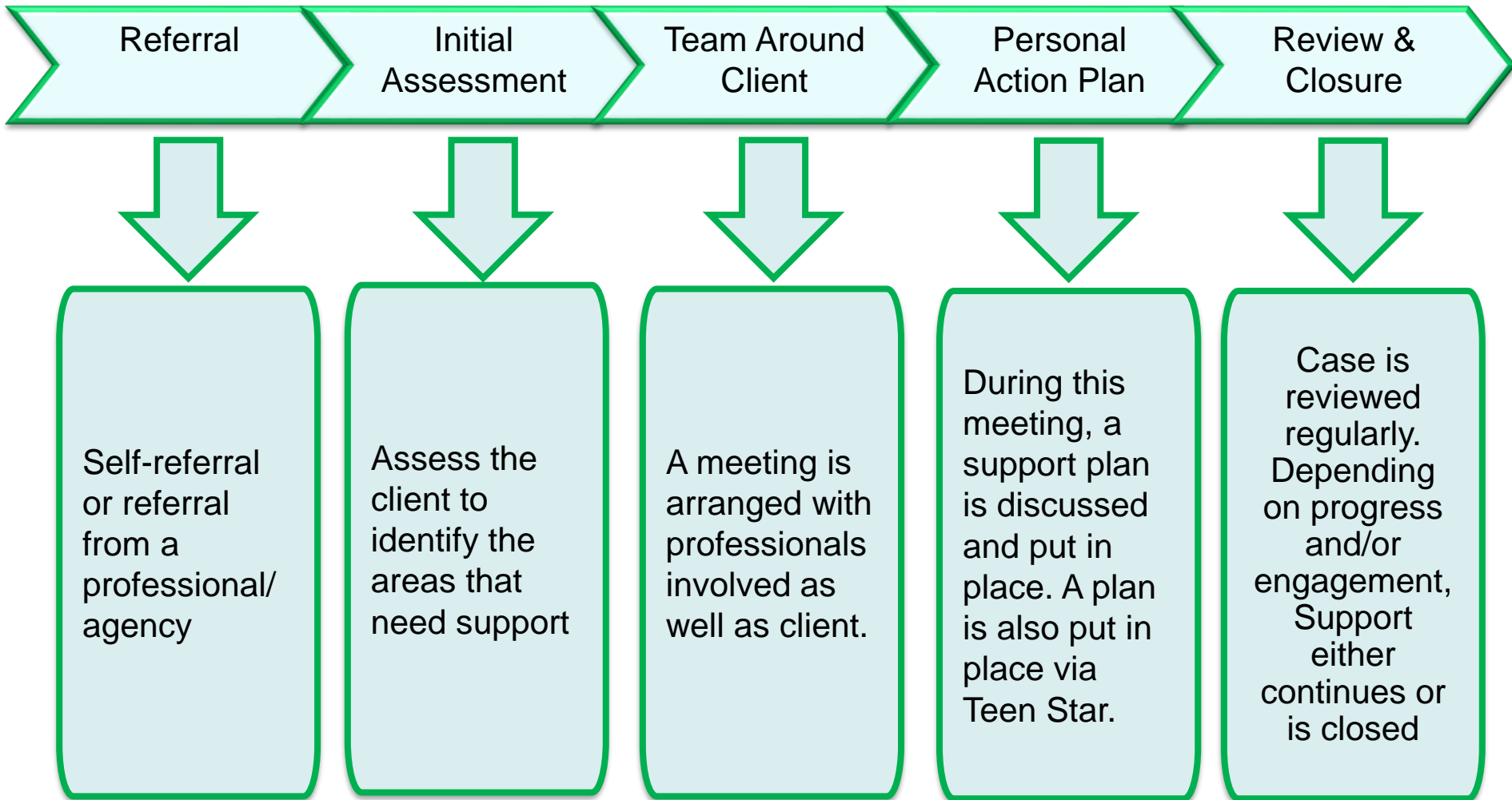
The No More Youth Service

The No More Youth Service is a county-wide contract

The service offers complex needs support to individuals to tackle issues which negatively impact on their daily life.

The service offers support for young people from age 11 up to the age of 21 (and up to 25 years old if they have additional needs)

How does the No More Youth Service work?



Referral Criteria

Each client has to meet the criteria below with a minimum of 3 out of the 6 requirements;

Each client can self refer or be referred via a professional

- **ASB/Crime** – ASB, offending history, Gang involvement, drug use and/or dealing
- **Chaotic lifestyle** – not attending appointments, routine dictated around substance misuse
- **Affecting relationships** – relationships breakdown, involvement with Children Services, domestic abuse
- **Risk of eviction** – ASB, non-payment of rent, court orders, final possession order
- **Vulnerable to becoming a victim of crime** – cuckooing, assault, theft, grooming, criminal and sexual exploitation
- **Not in consistent Employment, Education or training**

The No More Service (Youth)

The service takes a holistic approach to address all areas of a client's life and help them develop practical solutions, including;

Housing

Employment

Offending

Relationships

Finances

Vulnerabilities /
Risk of
Exploitation

Health

Education

Safeguarding

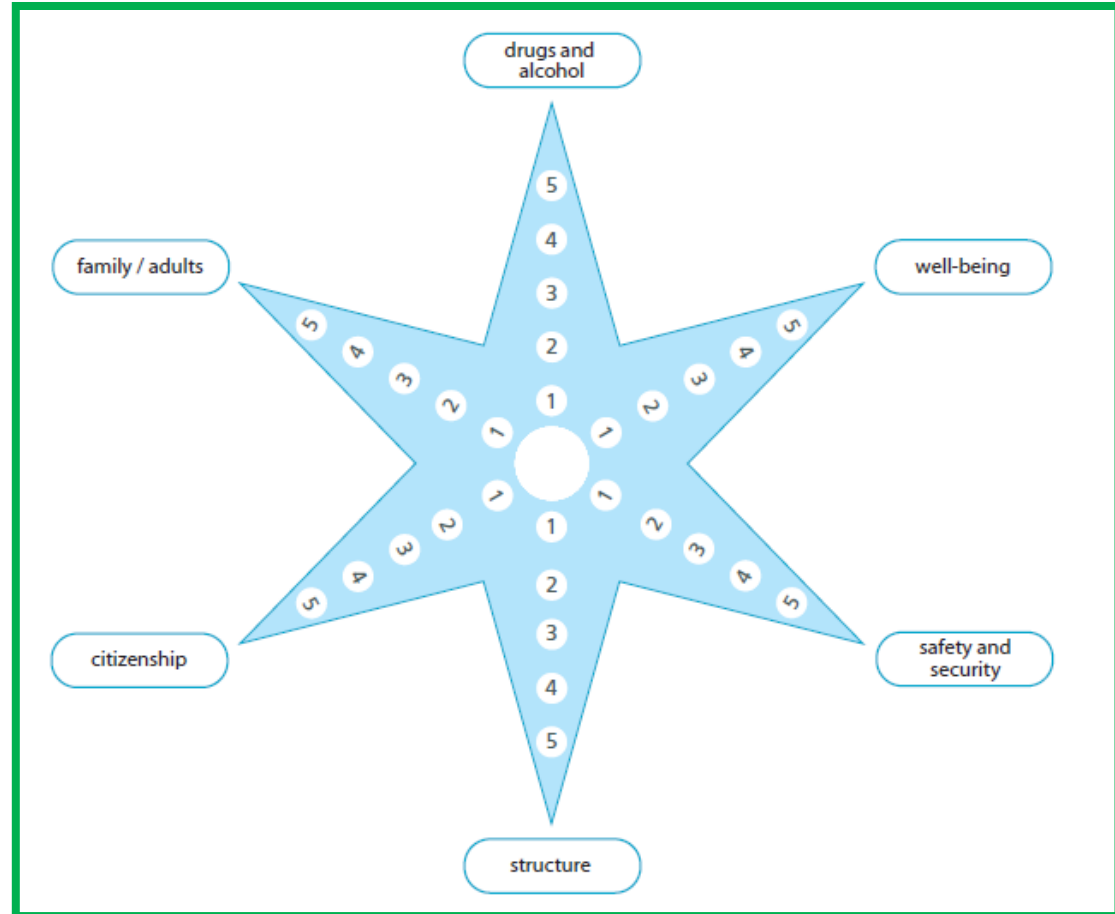
Family

Use of Time

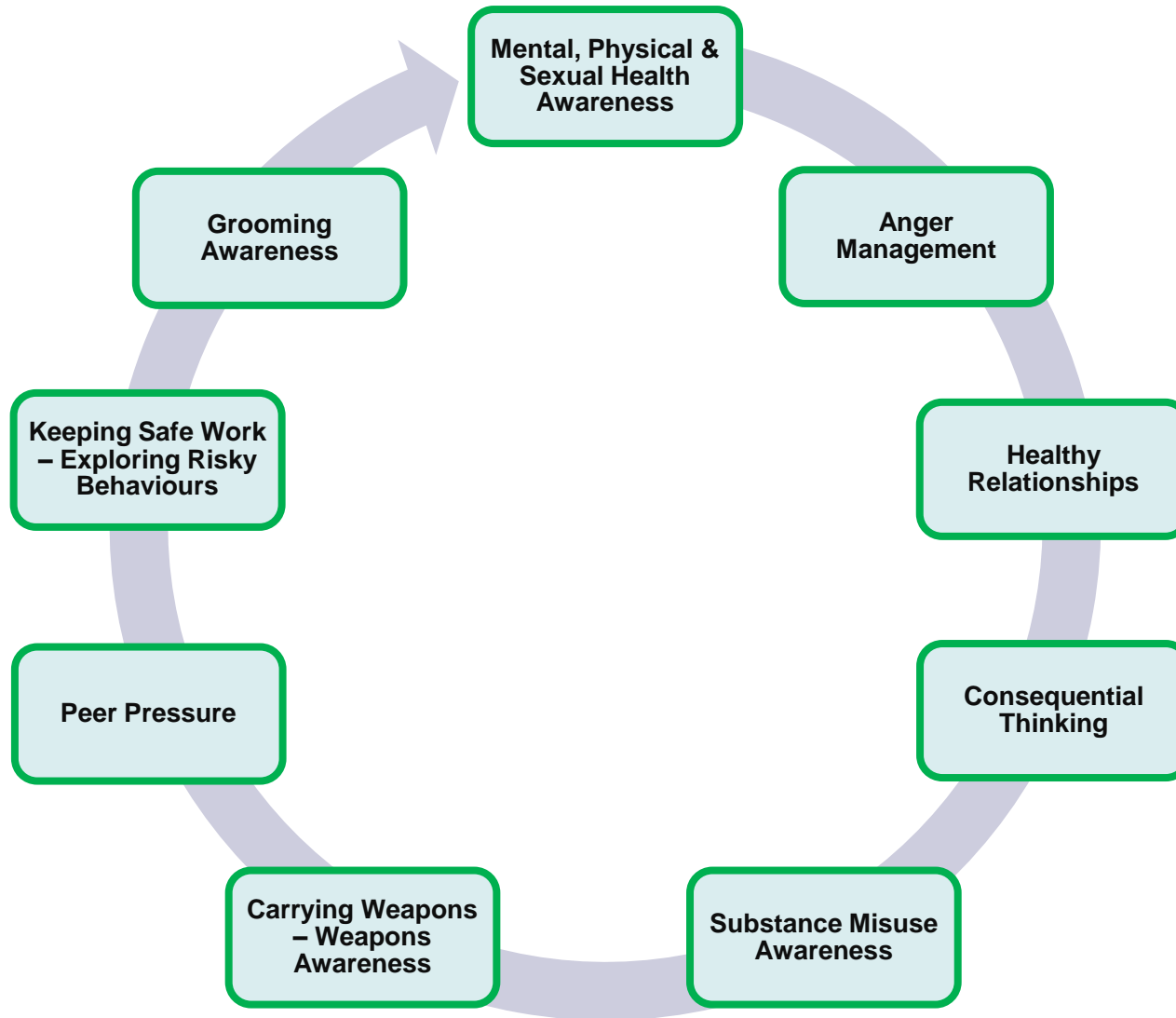
Personal &
Emotional
Well-Being

Teen Star Interview

- Teen Stars are evidence-based tools designed to support positive change and greater wellbeing, with scales presented in a star shape and measured on a clearly defined '**Journey of Change**'. It provides professionals with a report of the progress of a young person over the period of time working with them.
- Teen star is completed ideally by client and worker but can be completed by worker alone based off of previous discussions and knowledge.



Key Intervention Strategies



- We have 3 NMS (Youth) support workers and one Complex Needs Advocate (Youth)
- Each client **Under 21** can be self referred or referred via a professional
- The Referral form will include a Vulnerability Risk Assessment

Transitional Safeguarding

At 18 years old a lot of Statutory Services come to an end. The No More Service continues to work with young people up to the age of 21 and can help fill that transitional time into young adulthood, this helps avoid young people slipping back into old habits

Care
Leavers

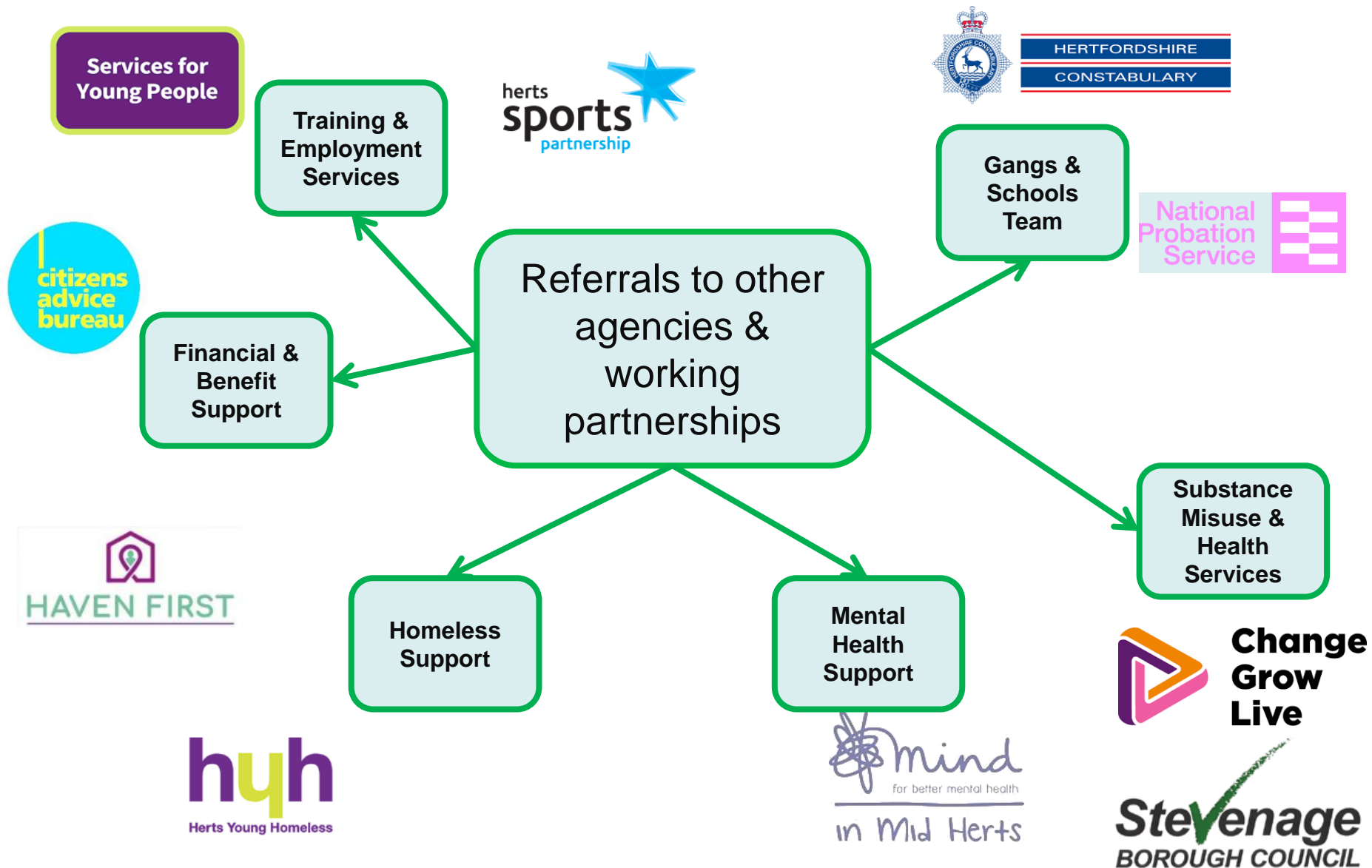
College
Applications

Emotional
Support

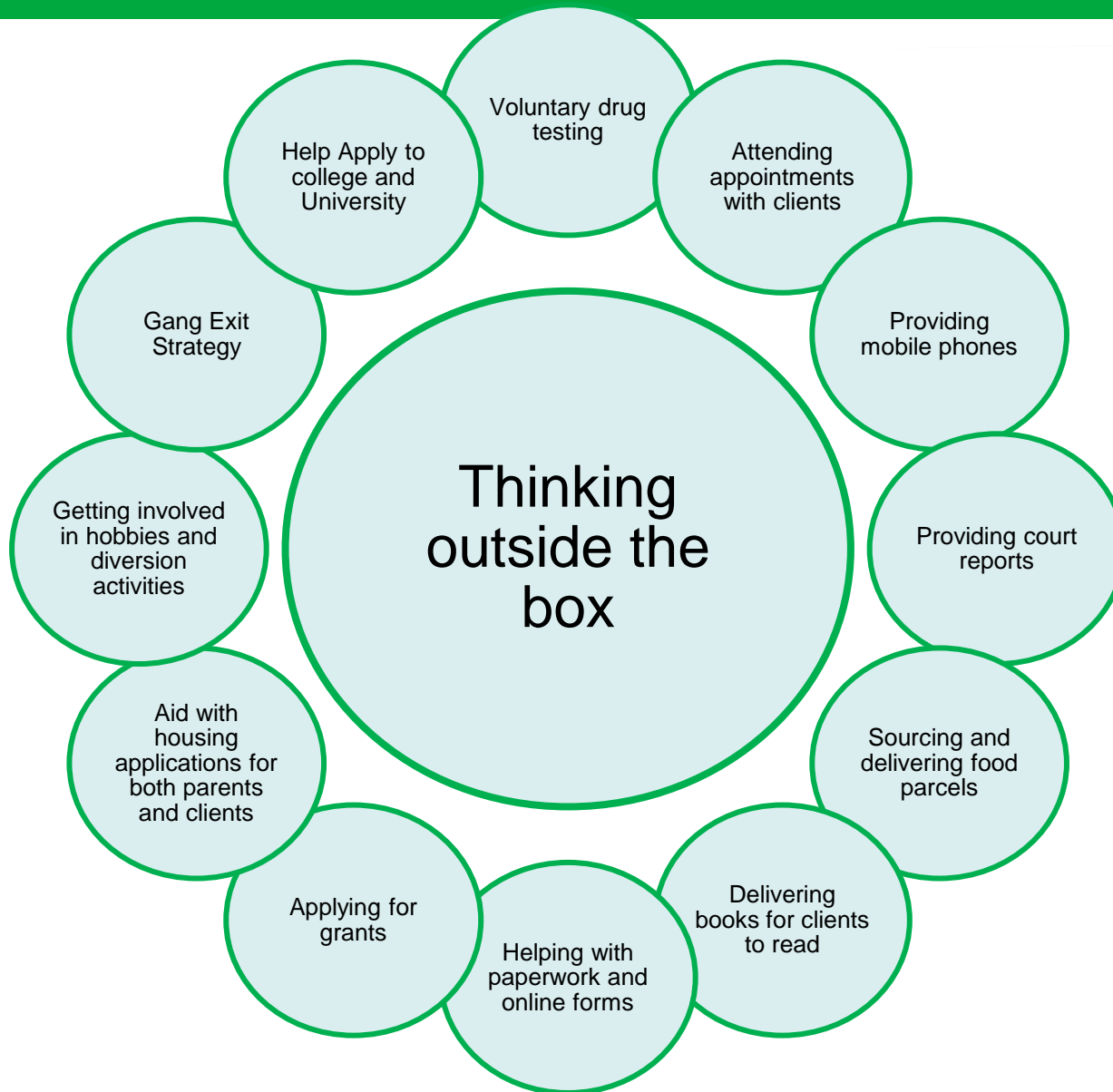
Benefits &
Employment
Support

Probation &
Court
Attendance

Multi-agency Working



What makes us different?



Case Study: Client J

Presenting Concerns

- 12 Year Old Male
- At Risk of Exploitation
- Parental Substance Misuse
- Inappropriate Friendships with Older Pro Criminals
- History of Domestic Abuse
- Poor Parental Relationships and Role Modelling

Key Interventions

- 1-1 Sessions via home visits, video link sessions, calls and text messages with J using motivational interviewing techniques to explore risk taking behaviour and his motivations around his friendships with older youths
- Help J to explore community resources to use his free time more constructively and in a positive manner
- Sessions with Mother to help her understanding of grooming, lack of appropriate boundaries and the impact of her relationship with Alcohol and DA on J
- Multi agency working in conjunction with J's Child Protection Plan
- Provided J a mobile phone so that he could remain contactable whilst out in the community
- Reflective talking to enable J to understand the concerns around the older youths motivations for initiating a friendship with a 12 year old

Outcomes

- J began to implement changes around his peer group choices, withdrawing from the older peers
- Significant improvement at school
- J was identified to attend Watford FC Training programme
- Attended the summer HAPPY programme
- Mother engaging with CGL and improved relationships, communication and boundary setting with J

Our Team

Welwyn, East Herts & Broxbourne

Anna.Watson@stevenage.gov.uk



Watford, Hertsmere & Three Rivers

laura.beck@stevenage.gov.uk



Stevenage & North Herts

Paige.Price@stevenage.gov.uk



St Albans & Dacorum

allan.Burnham@stevenage.gov.uk



Service Manager

Melissa.Cucos@stevenage.gov.uk

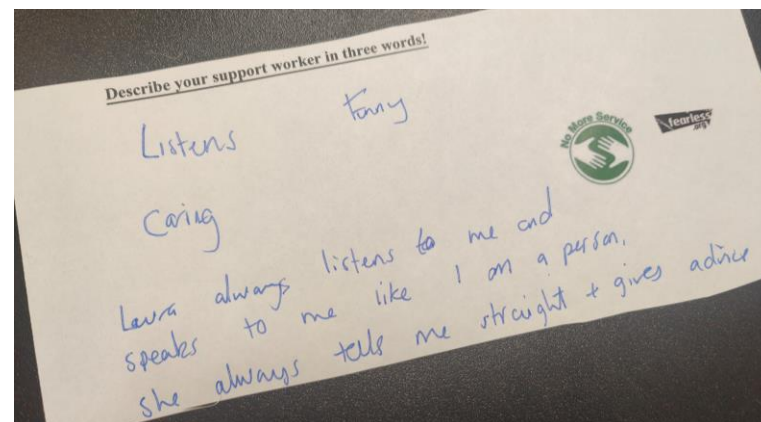
Client Testimonies..

Young People Testimonies :

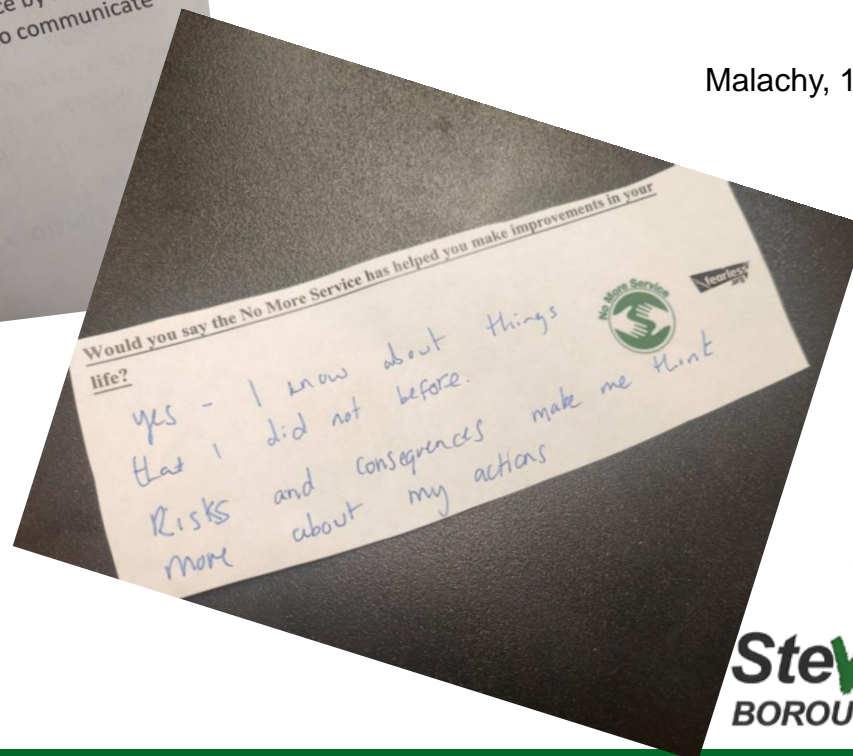
Working with no more service has been beneficial for my mental health as well as helping me with school/collage. Supporting me through everything as there has been a lot of conflict and issues with different individuals.

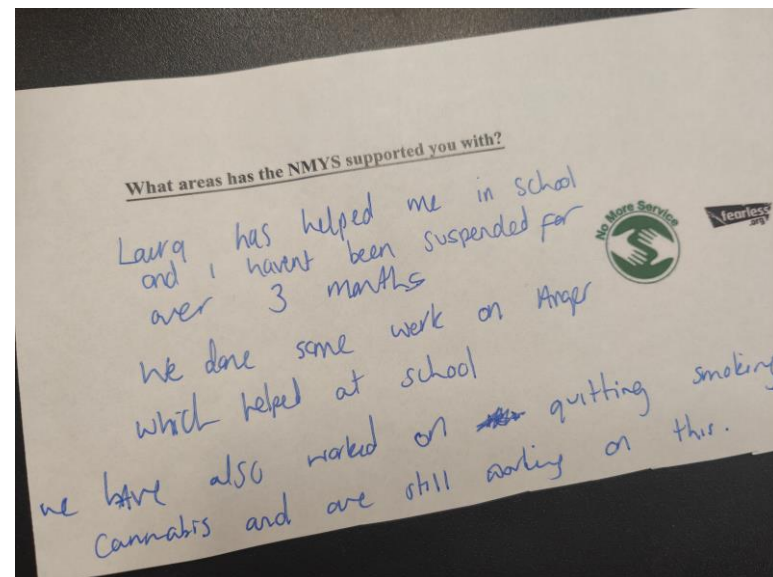
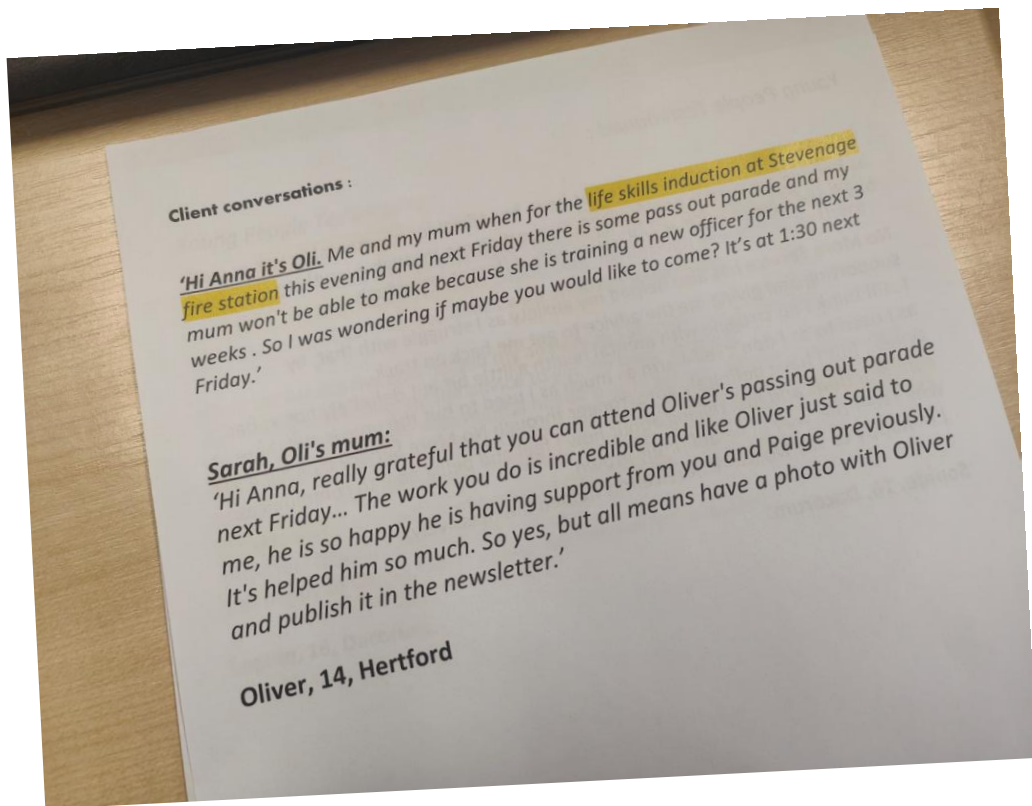
No More Service has also helped my anxiety as I struggle with that, by supporting and giving me the advice to get me back on track. I still think I do struggle with mental health a little bit but definitely not as bad as I used to as I don't self-harm as much as I used to but the urge is still there at times.. but I have definitely got stronger through No More Service by having 1-1 conversations and just talking about how I feel and being able to communicate why I feel this way I've definitely grown. I'm happy to say No More Service has helped me massively.

Sophie, 16, Dacorum.



Malachy, 13 Watford.





What do you like about the No More Service?

"I am allowed to vent to Paige about whatever I want and not worry about being judged. She is easy to talk to about anything"

What does the No More Service support you with?

"Paige helps me with knowing how it is I am feeling and being able to spot the signs of my anger and are working on how to control my anger better. She is talking to me about drugs too and how to cut down" **Alfie, 14, Hatfield**



How To Make Referrals

- To make referrals to The No More Service directly you can email us via nomore@stevenage.gov.uk by completing the No More referral form.
- Referrals directly from YAP or MNWG can be used, however additional consent needs to be gained
- You need to have either **written or verbal consent** by the client (this has to be on the referral) for us to accept it.
 - For clients under 18, parental consent will also need to be considered
 - If parental consent cannot be obtained, this will be reviewed on a case by case basis.