

## Who can refer people to the **LIFE** Project?

We can receive referrals from any agencies working with young people either from an educational setting or support setting.

Parents/carers are able to refer to the project too as long as the referral meets the criteria stated.

Agencies that have previously referred to the project include:

- Schools
- Police / PCSO's
- Targeted Youth Support
- Services for Young People
- Children's Services
- Parent Support Groups



**Hertfordshire  
Fire and Rescue Service**

Working to protect.  
Acting to save.

[www.hertfordshire.gov.uk/fire](http://www.hertfordshire.gov.uk/fire)

# LIFE

## Local Intervention Fire Education

**For more information or to  
make a referral, contact the  
Youth Engagement Team:**

phone:

**01992 555282**

email:

**[HFRS.Youth@hertfordshire.gov.uk](mailto:HFRS.Youth@hertfordshire.gov.uk)**



# Who is the **LiFE** course aimed at?

The course is for young people between the ages of **13-16** years of age who usually fall into one or more of the following categories:

- Received exclusions from school either permanently or temporarily
- Problems at home or school
- Easily led
- Persistent offending/antisocial behaviours
- Lack of self-esteem/confidence
- Lack of rules/boundaries
- Anger issues/confrontational
- Victim of bullying/crime
- History with fire

## The **LiFE** Project

**LiFE** is a 4 day intensive course delivered by specially trained firefighters at fire stations across Hertfordshire.

Around 10-14 young people attend the week long course and take part in a series of specially designed challenges to address anti-social behaviours. The young people work on improving their team skills, discipline and confidence.

LiFE has been run by Hertfordshire Fire and Rescue Service since 2006 and aims to instil discipline and respect into young people's lives through a disciplined and focused environment.

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The **LiFE** project increases awareness of the work the Fire and Rescue Service does whilst reducing antisocial behaviour.

The project is designed to challenge and change attitudes and encourage young people to:

- Adopt a new set of personal values
- Understand the consequences of behaviours
- Work well within a team environment
- Gain self-esteem and confidence
- See the advantages of improved behaviours