

ONLINE SAFETY NEWS

SPRING 2023.

SAFER INTERNET DAY 2023

Safer Internet Day 2023 is on the 7th of February and this year's day is based around the theme '**Want to talk about it? Making space for conversations about life online**'.

A range of free to download resources for 3-18 year olds is available from the Saferinternet website. The resources are tailored for each key stage and the education packs include lesson plans, assemblies, posters, and other activities.

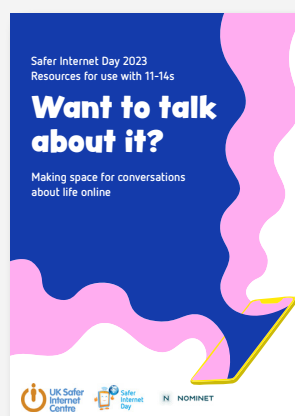
Safer Internet Day Resources:

[Resources for use with 3-7's](#)

[Resources for use with 7-11's](#)

[Resources for use with 11-14's](#)

[Resources for use with 14-18's](#)



PROJECT EVOLVE

New online bullying resources

ProjectEVOLVE has released **new resources** with a focus on online bullying which includes helping pupils to recognise unkind online behaviour, accessing support and reporting any concerns. The resource has supporting lesson activities with questions and scenarios. The resources are available for free and can be accessed from the **ProjectEVOLVE toolkit**. The resource is aimed at children ages 3 -11.

TEACHING ABOUT CYBERCRIME

Free cybercrime awareness training for schools

Hertfordshire Constabulary offers free cybercrime training and awareness sessions to all key stage 3, 4 and 5 educational settings. These sessions are delivered by Cyber Protect & Prevent Officers based in the county's Serious Fraud & Cyber Unit (SFCU).

Sessions include practical tips on how to protect personal data from cyber-attacks including breaches of email and social media accounts. Phishing and social engineering attacks designed to manipulate users into clicking on a link or making a bad choice are also explored. The sessions also touch on the importance of keeping privacy settings updated, online behaviours, and other cyber activity.

To book a training session, please email: hertscyberprotect@herts.police.uk

THE NATIONAL CRIME AGENCY: CYBER CHOICES

In addition to the cybercrime training and awareness sessions, Hertfordshire Constabulary also deliver the National Crime Agency's (NCA) national Cyber Choices programme which aims to steer those susceptible to Cyber criminality away from it and make the right **#CyberChoices** before it's too late. For more information, please visit:

National Crime Agency: CyberChoices

If schools are worried about a pupil's cyber activities (for example hacking, unauthorised access, theft, damage or manipulation of data), contact HertsCyberProtect@herts.police.uk to discuss the situation. The police do not wish to criminalise children and students who maybe unaware that their online activity has such serious implications and maybe criminal. Instead, the police very much prefer to engage, educate and inspire via their **#CyberChoices** initiative.

Further information can be found on [The Grid](#)

NOT JUST FLIRTING

A recent report '**Not Just Flirting**', carried out by Revealing Reality in partnership with the PSHE Association, uncovered how the '*widespread sharing of nude images among teenagers can lead to troubling experiences and sometimes long-lasting problems for young people, who can lack the confidence, knowledge or language to handle it.*'

The report details how sharing nude images has become a normalised part of young peoples lives and explores how the perceptions and motivations for image-sharing varies considerably between boys and girls. The report findings include:

- Girls are much more likely than boys to have been asked to send a nude, and at a younger age
- Girls are more likely to receive unsolicited or unwanted nude images
- Girls are more likely to have pictures taken without permission or shared without consent

The PSHE Association has published two new **KS3 and KS4 lesson plans** and accompanying guidance that schools can use to help young people consider their motivations and behaviour when it comes to image-sharing. (Schools need to be members of the PSHE Association to access the resource)

The lesson pack contains one lesson for key stage 3 students on feelings associated with sharing nudes, and another for key stage 4, addressing social attitudes and expectations related to nude image sharing.

Jonathan Baggaley, Chief Executive of the PSHE Association, states the lesson plans:

'aim to help teachers shift the narrative around both consensual and nonconsensual nude image-sharing. They explore the feelings and pressure associated with receiving unwanted nudes or being coerced into sending an image. And they challenge perceptions and social norms related to image-sharing and encourage young people to discuss strategies to manage unwanted images, unwanted requests and pressure to send or request images themselves.'

TECHNOLOGY ASSISTED SEXUAL ABUSE

Marie Collins Foundation has produced guidance for parents to support conversations about online harms, including using age-appropriate language, answering difficult questions, and guidance on what to do if something has already happened.

The guidance is available in **English** and **Ukrainian**

This guidance is featured in the parent/carers newsletter.

The information in the newsletter is given to help promote the safety of children and young people online.

Every care has been taken to ensure the information and any recommendations in the newsletter are accurate at the time of publishing. Schools must make their own judgements when sharing our recommendations with parents and carers and, where appropriate, always risk assess with their pupils and whole school community in mind.

This newsletter is brought to you by the HFL Education Wellbeing team as part of their online safety support for schools and settings in Hertfordshire. Contact the team at **wellbeing@hfleducation.org** or call **01438 544464**.

HFL Education is a provider of products and services to schools and educational settings. We believe that every young person, through access to a great education, should be able to realise their potential, regardless of where they live or their circumstances.