

Mondays

Norton Common Street Project
Norton Common area, Letchworth
Monday 6.30pm – 8.30pm
For young people aged 13 - 16

Let's Get By Together LGBT+ Project

Get in touch for details.
Monday 7.00pm – 9.00pm
For LGBT+ young people aged
13 - 17

Tuesdays

Baldock Project
Knights Templar School
Park St, Baldock SG7 6DZ
Tuesday 3.15pm – 5.15pm
For young people aged 12 - 15

Wellbeing Project
Hitchin Young People's Centre
Nightingale House, Nightingale
Road, Hitchin SG5 1SD
Tuesday 6.00pm – 8.00pm
For young people aged 11 – 14

North Herts Youth Council
Letchworth Young People's Centre
Letchworth Town Hall, SG6 3BF
Tuesdays 6.00pm – 8.00pm
A voice for young people aged
11-17 in North Herts

Wednesdays

Royston Wednesday Project
Coombes Community Centre
Burns Road, Royston SG8 5PT
Wednesday 6.00pm – 8.00pm
For young people aged 11 - 14

LD Project
Hitchin Young People's Centre
Nightingale House, Nightingale
Road, Hitchin SG5 1SD
Wednesday 6.30pm – 8.30pm
For young people aged 13 – 17
with learning disabilities

Thursdays

Letchworth Street Project
Howard Park and Gardens,
Norton Way South,
Letchworth Garden City,
SG6 1NY
Thursday 3.00pm – 5.00pm
For young people aged 13 - 17 in
Letchworth

Hitchin Street Project
King George Playing Fields,
Old Hale Way, Hitchin, SG5 1XL
Thursday 6.00pm – 8.00pm
For young people aged 13 – 17

Fridays

Letchworth Friday Night Project
Mrs Howard Memorial Hall
Norton Way South,
Letchworth Garden City
SG6 1NX
Friday 7pm – 9pm
For young people aged 14 – 17

Westmill Project
Westmill Community Centre,
John Barker Place
Hitchin, SG5 2PE
Friday 6.30pm – 8.30pm
For young people aged 11-14

Scan to view the
latest list of
projects



Lister Empathy Project
Lister Hospital, Stevenage SG1 4AB

Tuesday 5.30pm – 8.00pm and
Friday 6.00pm – 9.00pm

For young people accessing A&E in
need of support
with emotional well-being
aged 13-17

Positive Pathways
For young people
involved in or at risk of involvement in
crime and antisocial
behaviour.

Reach Out Project
A programme of one-to-one and
groupwork support for
young people at risk of exploitation.

Access Point Project
Information, advice, guidance and
sexual health services including
free condoms, chlamydia
screening and pregnancy testing

Letchworth Town Hall, SG6 3BF

Monday, Wednesday, Friday
1.30pm – 5.00pm

 @hccsfyp

 @NorthHertsTeam

CALL 01438 843340 TEXT 07860 065178
EMAIL sfyp.NorthHerts@hertfordshire.gov.uk

Services for
Young People



Pathways to Success

ARE YOU LOOKING FOR A JOB, APPRENTICESHIP,
VOLUNTEERING OR FURTHER EDUCATION?

ARE YOU AGED 15 – 24?

SIGN-UP AND WE CAN HELP YOU GET THE JOB
OR TRAINING YOU WANT.

WORK EXPERIENCE, INCENTIVES,
CV, INTERVIEWS, JOBS!

 CALL 0300 123 7538
TEXT 07860 022943

EMAIL SFYP@HERTFORDSHIRE.GOV.UK

Services for Young People

Why join Pathways to Success?

Services for Young People can help you to improve your chances of finding a job, training or college course by:

Connecting you with your very own Personal Adviser who will support you with identifying and achieving your next steps

Working with you to identify, develop and promote your personal strengths and skills to future employers

Supporting you with a 5 to 15 day work experience placement

Helping you write your CV, obtain a reference from your work experience employer and prepare for interviews

Coaching you so you can build your confidence and develop the best techniques for getting a job or apprenticeship

Finding job vacancies and opportunities available to you

About Pathways to Success

Part-funded by the European Social Fund (ESF), Pathways to Success is a tailored programme which combines careers activities that are proven to enable entry into Education, Employment or Training (EET) for young people who are not in education, employment or training (NEET) or are at risk of becoming so. The programme runs until 31 December 2023.

Scan to find out more about Pathways to Success on our website



Who are Services for Young People?

Hertfordshire County Council's Services for Young People provide free youth work projects, information, advice, careers guidance, work-related learning and wider support for all young people in Hertfordshire.

Planning for your future

Our Personal Advisers can support you with researching your future career options, identifying your skills and strengths, deciding your goals, and even suggesting new possibilities that you might not have previously considered.

Text CAREERS to 07860 022943 to connect with one of our team.

Access Point Projects

Access Point Projects provide young people with access to free and confidential information, advice, guidance and sexual health services.

You can come in and talk to us about:

- Careers advice
- Training & apprenticeships
- Independent living skills
- Emotional wellbeing & mental health
- Sexual Health Services
- Free condoms
- Pregnancy tests
- Screening for Chlamydia & Gonorrhoea
- Finances and housing
- Substance misuse

All young people in Hertfordshire aged 13-19 are welcome at any of our Access Point Projects. They are also available for care leavers aged 18-24 and for young people aged 13-24 with any type of disability.

North Herts' Access Point Project takes place at Letchworth Young People's Centre, Letchworth Town Hall.

For opening times and exact locations, please visit our website.



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Five ways to wellbeing

It's been a tough couple of years, and exam season is approaching, so you might be feeling down or worried. The following tips have been researched by New Economics Foundation, and recommended by the NHS:

Connect: Social relationships are important for good mental health. Stay connected to your friends and family and surround yourself with people who value who you are. Find time to speak face to face – don't always rely on social media or messaging apps.

Be Active: Exercise endorphins are a great mood booster! Studies show lower rates of anxiety and depression in people who regularly exercise. It doesn't even have to be very intense – a walk with a friend or some online exercise classes are a great place to start.

Take notice: Also known as mindfulness, savouring the moment and living in 'the now' helps you to appreciate what you have, understand yourself better and make more informed life choices.

Learn: We know you do lots of learning at school or college, but there are plenty of other activities that can benefit your mental health. You could read a new book, listen to a podcast or research something you're interested in.

Give: People who help others are more likely to feel happy, so try out some acts of kindness which boost your wellbeing as well as making others feel good, too.



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