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**SAMARITANS**

# Suicide Prevention Training

**FREE for public sector frontline staff & personnel working in voluntary sector organisations in Hertfordshire.**

## Learn how to:

- Understand risk factors that can lead to thoughts of suicide.
- Recognise signs of suicidal thoughts and ideation.
- Develop skills to have a conversation with someone at risk of suicide.
- Engage someone in conversation sensitively and effectively.
- Explore strategies to keep someone safe.
- Refer someone to the emergency and/ or support services.
- Signpost to sources of additional support.



**Find out more and book your place at:**

**[www.eventbrite.com/cc/hertfordshire-county-council-207849](http://www.eventbrite.com/cc/hertfordshire-county-council-207849)**



Suicide Prevention Network



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