Creative Learning

January 2021 Newsletter

www.creative-learning.org.uk



Creative Learning got 2021 off to a great start by offering Hertfordshire residents a variety of ONLINE courses to support the community. We continue to offer *Distance Learning* to deliver our courses, hopefully moving towards a blended learning programme later in the year.

See below details of our Digital Skills, Business, Craft, Mindfulness and Pilates Courses.

Mindfulness

The team launched our first blended **Me Time** course in Autumn 2020 and the feedback was fantastic! We then delivered Mindfulness Through Nature to Hertfordshire residents through-out November, December, and our January one starts this weekend, Sunday 24th January.



You can still register by completing the <u>online enrolment form</u> and sign-in details will be provided. Or email learning@communityactiondacorum.org.uk

We are delighted to announce we have funding to offer yet another **Mindfulness Through Nature** course and will be announcing the date soon.

These courses are designed around helping you through challenging times. They fill up quickly, so if you would like to register your interest for our next one, and be the first to be notified once a course date is confirmed, then <u>click here</u> <u>for the waiting list</u> or email <u>learning@communityactiondacorum.org.uk</u>

Pilates

After a successful "Introduction to Pilates" class, and a "Family Yoga" course, we will be offering a Community Pilates course to Hertfordshire residents. Starting Friday 19th February 6-7pm. The course will be delivered through Skype.



You can register directly by completing the enrolment form – <u>click here</u> or visit our website: <u>www.creative-learning.org.uk</u> and click the link for the course.

DIGITAL SKILLS

Latest government announcements are leaning towards a greater need for upskilling our workforce. By providing quality learning Community Action Dacorum are supporting our community and offering multiple courses to help Hertfordshire residents access such opportunities.

Website Building for Self-Employed or Small Business

Are you self-employed or run a small business? Do you want your customers to see a professional website when they search for you online?

Are you looking to turn your hobby into a business, and want to have a professional online image?

Or are you looking to add website design to your CV, to increase your job opportunities?

Then join our ONLINE Zoom course starting on Wednesday 3rd March 7-9pm.



You can enrol directly by <u>clicking here</u>, emailing <u>learning@communityactiondacorum.org.uk</u> or by visiting our website <u>www.creative-learning.org.uk</u>, and selecting the course.

Pathways to Employment

Our first Pathways employability course is underway, and the feedback has been fantastic. One of the learners said "this course is really educational, I am enjoying the sessions as it is so different to any other work or CV writing course I have done"



Next date to be confirmed – you can register your interest by <u>clicking here</u> or email learning@communityactiondacorum.org.uk

Further Spreadsheets

Build on your existing skills, and increase your confidence using spreadsheets and formulae by joining our FREE ONLINE course. The course uses a combination of live sessions and Google Classroom allowing you to work through the assignments at your own pace.



You can enrol directly by <u>clicking here for the enrolment form</u>, by emailing <u>learning@communityactiondacorum.org.uk</u> or visit our website and click the link for the course: <u>www.creative-learning.org.uk</u>

Online Marketing for Self-Employed or Small Business

Due to popular demand, we will be supporting Hertfordshire residents by running a 3rd Social Media Marketing course.



Next date to be confirmed – you can register your interest by <u>clicking here:</u> Or email <u>learning@communityactiondacorum.org.uk</u>

Understanding Technology in the Workplace

A FREE 4-week course to help develop your knowledge of technology in the workplace. Join our course to increase your digital awareness, learn more about information systems and safer communications.



Starting Monday 8th February from 10-12pm on Zoom.

Enrol directly by <u>clicking here</u>, or email <u>learning@communityactiondacorum.org.uk</u> or visit our website <u>www.creative-learning.org.uk</u>

Nimble Crafters

We are absolutely delighted to offer another online Zoom craft course with Bernadine Makins, of Bernadine's Creations. Thanks to our funders we can offer this course for just £15. Some materials will be provided.

Bernadine is a trained jewellery maker and a member of the Professional Crafter's Guide. Bernadine regularly supports CAD to deliver courses in residential homes across Dacorum, and also other charities, including MIND, so we are extremely privileged to have her on board.

DATE: Thursday 25th February for 6 weeks.



Places are limited: <u>click this link to enrol</u> or email <u>learning@communityactiondacorum.org.uk</u> as soon as possible to register.

Cook Well Eat Well

Give yourself a healthy start to 2021 and join one of our 6-week ONLINE Cook Well Eat Well courses. Learn to cook nutritionally balanced, low cost, and tasty meals in a fun and friendly environment. Our first course has 5 more sessions left, and you can still join – enrol by clicking here or email learning@communityactiondacorum.org.uk



The class is delivered online using Zoom.

Recipes will be sent out weekly to give you time to get the ingredients. Don't worry if you can't source all the ingredients, as our tutor will support you to use up left-overs and alternative/substitute food.

We will be running another one soon, date to be confirmed. If you would like to register your interest, then <u>click</u> <u>here</u> and we will contact you when the date has been confirmed.

ESOL – English for Speakers of other Languages

Our current ESOL programme is full, however we will be launching further ESOL classes soon, along with a fantastic Learning ESOL through Digital Skills course.

Please register your interest by emailing learning@communityactiondacorum.org.uk or clicking here and complete the form

By delivering online we can reach out to many more people who are still unable to travel or attend venues. We continue to design a package of courses at we hope will support as many people in our community as possible.

Unlike many online learning tools and classes out there, we will continue to deliver <u>interactive "real</u> <u>time" sessions</u> with our team of tutors, be it ESOL, Yoga, Tai Chi, Cooking, Digital skills, through to Mindfulness.



As a charity, we are experiencing unprecedented times, and we are working hard to ensure we can continue to support our community through our Creative Learning project.

Many of our quality courses are being offered **free of charge**, or heavily subsidised, and we are asking our learners and community if they could make a donation, however small, to help us continue to offer these subsidised or free courses.

Click here to donate



Stay local with Radio Dacorum!

Radio Dacorum is your local, better than average community-based radio station ©

Listen Daily

Community Action Dacorum is a local charity that provides a circle of support to the community.

Thanks to our wonderful funders HAFLS, we can continue to reach out to everyone in the community with a diverse programme of training.



www.communityactiondacorum.org.uk

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