

Three Rivers Partnerships COVID-19 Update Bulletin

Ed.42

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Small Acts of Kindness - Warm in winter bags

This year, despite the pandemic, we are continuing our partnership initiative with Small Acts of Kindness to get Warm in Winter bags out to Three Rivers residents aged over 55. They will be delivered by one of our partners.

Warm in Winter gift bags contain essential practical keep warm items for older people including; a fleece blanket, thermal hat, gloves, socks and leg warmers, a mug and hot drinks.

Referrals can be made by via my.threerivers.gov.uk > All Services > Small Acts of Kindness

All recipients will receive a call from TRDC, offered any onwards referral if appropriate and delivered a Warm in Winter bag which contains additional information on activities and services for older people, helping to break the cycle that loneliness and isolation can bring.

Healthy Hub – South Oxhey, Rickmansworth and Leavesden venues, please see PDF's attached to the email



Healthy hub
Three Rivers

Confidential support by phone, post and online

Have you seen what your local Healthy Hub is doing to help people?

Until further notice the Healthy Hub/Step Up services continue to be offered by phone, email and post. 99 Oxhey Drive WD19 7SD
Contact us Monday - Thursday 9am - 4pm

Online, face to face meetings can be arranged if preferred, by appointment only.

Residents who are self-isolating and in need of support from volunteers should contact Herts Help on 0300 123 4044.

Here's how your Healthy Hub can help you!

- Access our free downloadable nutrition booklet, to help you be savvy with food.
- Grab a cuppa and relax with reading, in our online book club!
- Treat your self to an online afternoon tea experience, in the comfort of your kitchen.
- Get those dancing shoes on and be part of "Culture Dance 2020".
- Cookery classes to inspire healthy eating, using basic ingredients.
- Not online? Not a problem. Continue learning by post!
- To find out more and get involved contact:
Jane Drury Healthy Hub Officer
Mobile: 0848 4925
Step Up: 0800 8488 4925
Healthyhub@ecscd.org.uk
- 'Get Ahead' mental health support group, online and still here for you.

www.healthyhubs.org

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Healthy hub
Three Rivers

Free support and advice

Have you seen what your local Healthy Hub is doing to help people?

Come along to the **Woodlands Café, Leavesden Country Park**, for an informal chat **Wednesdays 12noon-3pm**

- One to one discussion about your emotional health & wellbeing
- Access to information sessions, workshops and activities
- Information and signposting to local organisations and support

For more information or to book an appointment call 07375 365329
Or you can email threeivershealthyhub@hertsmindnetwork.org
Visit threeivers.gov.uk/healthy-hub

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Healthy hub
Three Rivers

Free support and advice

Have you seen what your local Healthy Hub is doing to help people?

Come along to the **Rickmansworth Food Bank, Methodist Church, Berry Lane, Rickmansworth WD3 7HJ** for an informal chat on **Tuesdays 12noon-3pm and Fridays 1pm-3pm.**

- One to one discussion about your emotional health & wellbeing
- Access to information sessions, workshops and activities
- Information and signposting to local organisations and support

For more information or to book an appointment call 07375 365329
Or you can email threeivershealthyhub@hertsmindnetwork.org
Visit threeivers.gov.uk/healthy-hub

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Gang Crime and Exploitation - #Are you listening?

it give an impactful message on exploitation. The video below has been developed by Leicester Police and gives an impactful message on exploitation.

Please share/disseminate this video to your teams, and share on social media

Video can be viewed here [#AreYouListening](#) Please do have a watch!

For further information and support <https://www.fearless.org/en>

<https://www.threerivers.gov.uk/egcl-page/gang-crime-and-exploitation-support>

Radicalisation & Extremism – Act Early

Act Early has been launched to provide the public with information and advice around spotting the signs and what to do if they have concerns about someone they know being drawn into extremist views & radicalisation. This is even more vital during times when people are spending more time at home and engaging with services less. Please share with your networks & on your websites

ACT Early is an initiative designed to provide practical help and information around preventing terrorism, and spotting the signs that someone may be drawn towards radicalisation.

ACT early and tell us your concerns in confidence. You won't be wasting time and you won't ruin lives, but you might save them.

The ASDA foundation – Funding to provide meals for those in need in the run up to Christmas.

In response to the Covid-19 pandemic, the Asda Foundation has created the Feeding Communities Grant Scheme to provide meals for those in need in the run up to Christmas.

Charities, community interest companies, unincorporated clubs or associations, and other not-for-profit organisations across the UK can apply for grants of up to £1,000 to provide meals costing £4 or less for individuals, families, and children's healthy holiday clubs. Funding could be used to provide food parcels, Christmas meal delivery or collection, and Christmas hampers, or provide support for soup kitchens/homeless centres, and local community centres providing meal deliveries.

Applications should be made through each local Asda store's Community Champion whose role is to support projects.

The deadline for applications is the 6th December 2020.

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<https://www.asdafoundation.org/how-to-apply>

Christmas Shopping – Buying electrical items safely online

With Covid-19 restrictions keeping people away from High Streets and shopping centres, a lot of us are turning to online marketplaces for Christmas gift buying. But these websites are not subject to the same regulations as other retailers, meaning it's easy for dodgy dealers to sell counterfeit and sub-standard products. And when it's an electrical fake you're buying, the risk isn't just that it might fall apart or stop working - fake electrical products have a serious risk of electric shock or fire.

So, if you're buying electrical products online, **make sure you know who you're buying from.** Stick to the websites of known manufacturers and retailers such as those found on the High Street, rather than buying from third party sellers on online marketplaces.

Find out more about [Safe Shopping Online here](#)

HSCP – L&D Training programme

Please see Powerpoint attached to email for learning and Development opportunities

HSCP – Revised model child protection policy for voluntary, community and faith groups

The Hertfordshire Safeguarding Children Partnership have revised [the Model Child Protection Policy for Voluntary, Community and Faith Groups](#) in Hertfordshire. These are available via our [website](#) for organisations to use and adapt when creating or amending their policy.

Herts County Council – An important update from Jim McManus, director of Public Health in Hertfordshire, to providers of out of school clubs, groups, activities and classes

Please see email attachments for the PDF version of the letter.



November 27th 2020

An important update from Jim McManus, director of Public Health in Hertfordshire, to providers of out of school clubs, groups, activities and classes

Dear colleague

We know that your contribution to the resilience of our communities should not be underestimated and we thank you for everything you are doing to help keep our communities healthy and safe.

As we prepare to move out of the current lockdown and into Tier 2 of government restrictions on 2nd December, it is imperative that we all continue to adhere to the government guidelines, so that we can keep these essential services running for the benefit of our residents – particularly our young people.

[Please find a video message from me to all out of school activity providers here](#)

A dedicated page providing resources and information for clubs and out of school activity leaders to help them ensure they are Covid-safe is available on our website [click here](#). It includes template letters, risk assessments and positive case protocol.

You must always follow the latest national guidance to be guided on whether your club is allowed to open You can [read the latest national guidance here](#).

Prevention

If you are permitted to operate, you must do so safely.

Any facility which continues to operate must do so in a COVID-19 secure way, with detailed risk assessments and complete infection control practice. This is a legal obligation on you under the Health and Safety at Work Act 1974.



- You can find guidance here: [Working safely during COVID-19](#)
- Risk assessment templates here: [Hertfordshire LEP Business support](#)
- [COVID-19 prevention control measures: important guidance from a Public Health infection prevention control nurse \(video\)](#)

What to do if you get a positive case

A clear checklist for all clubs to follow if they are notified of a positive case at their club, plus a letter to circulate to all close contacts are available via the links below. This guidance must be followed to help to stop the spread and ensure clubs can stay open.

- [COVID-19 Case reporting protocol for clubs and activities](#)
- [Letter template to parents for close contacts](#)
- [Letter template to club members for close contacts](#)
- [What to do if you have a positive case in a club \(video\)](#)

We will enforce safe and legal operations

We all have a collective responsibility to work safely to help to combat the virus. However, as you are aware, local authorities have enforcement powers that will be used if necessary when these rules are not being followed. These include being able to prohibit or fully close activities. Our preference is to support people open safely, but we will not hesitate to order closure or prohibition of activities where we feel this is necessary.

- You can report premises which are operating unsafely to the Police using 111 or via the County Council's [online contact form](#).
- View the [Hertfordshire coronavirus guidance](#)

If you need further guidance on any of this information, please contact your Environmental Health team.

Thank you for helping everyone to stay safe in Hertfordshire

Jim McManus
Director of Public Health, Hertfordshire County Council

Citizens Advice Service – Changes to opening hours

Oxhey

Monday, Tuesday and Thursday 10.00 - 4.00, local advice number **0208 515 8321**

Face to face - Monday, Tuesday and Thursday by appointment

Abbots Langley

Monday and Tuesday, 9.30 - 3.00, local advice number **01923 271 707**

Face to face - Monday and Tuesday by appointment

Rickmansworth

Monday, Tuesday, Thursday Friday 9.30 - 3.00 local advice number **01923 293 136**

Face to face - Monday, Wednesday and Friday morning by appointment

Hertfordshire (county wide) Adviceline

Monday - Friday 10.00am - 4.00pm **03444 111 444**

Jobs – ASCEND Guidance Worker post

ASCEND are recruiting a new Guidance Worker for 21 hours a week

Please find attached the JD and Person Spec attached to this email for further information