

SPORTINGAID



BROXBOURNE BOROUGH **FREE ACTIVITIES**

E: admin@sportingaid.org
W: www.sportingaid.org

FREE!



BASKETBALL SESSIONS

FOR AGES 10-16



AGE
10-16
years
old



Register your
interest here!



Sessions held at Waltham
Cross Playing Fields :

📍 **Station Approach,
Waltham Cross EN8 7LX**
🕒 **Wednesday's 5 – 7pm**

*****CHARITY MINIBUS PICK-UP / DROP OFF AVAILABLE*****



GIRLS CORNER

FREE
to attend

Youth space for girls ages 14-17

A girls-only hub in
Waltham Cross where you
can choose what we do.
Make friends, try new
things, build confidence
and have fun in a safe,
supportive space.



Your space, your voice, your way



**Movies &
games**



**Karaoke
& music**



**Tutorials &
workshops**



**Arts &
crafts**



**Food &
drink**



**Chats &
chill**



Every Wednesday, 6-8pm
Active Local Hub,
Waltham Cross Playing Fields, EN8 7LU

powered By

Active Local
Waltham Cross

Scan to book



@SportingAid
@SportingInspiration



**BOROUGH OF
BROXBOURNE**



**Police & Crime
Commissioner
FOR HERTFORDSHIRE**



SPORTING AID

BASKETBALL CAMP



FREE

**EVERY
SATURDAY**

12-00 - AGE 17-25

13:00 - AGE 10-16

Location - Waltham Cross Playing Fields
- EN8 7LU

No booking required

www.SportingAid.org



**Sporting
Aid**

GIRLS KICKS



INFORMATION

Wildcats-ages5-11 =10am

Squadgirls-ages12-16 =10am

Waltham Cross Playing Fields - EN87LU

Female only football sessions

Open to all skill levels

Info@SportingAid.org

Every Saturday

FREE



WILDCATS



SQUAD GIRLS

Sign up here



SPORTINGAID

3X3 BBALL TOURNAMENT



REGISTER NOW



3 PLAYERS PER TEAM
+ 1 SUB (OPTIONAL)



DATE & TIME
15/08/26 12pm - 2pm



VENUE
Waltham Cross MUGA - EN8 7LU



OPEN TO
15+ YEARS



ALL SKILL LEVELS
WELCOME

PRIZES TO BE WON:

- 1ST: SHOES & TROPIES
- 2ND BBALL'S & MEDALS
- 3RD MERCH & MEDALS



FREE LARK IN THE PARK

Monday 27 July to Friday 21 August 2026
2-4pm

Just turn up and enjoy!



Monday Grundy Park, Cheshunt Multi-Sports Play Edition

All ages



Tuesday Barclay Park, Hoddesdon Multi-Sports Play Edition

All ages



Wednesday Cheshunt Park Youth Basketball Edition

Ages
11-16



Thursday Cedars Park, Waltham Cross Multi-Sports Play Edition

All ages



Friday Goffs Oak Playing Fields Youth Multi-Sports Edition

Ages
11-16

Under 11s must be accompanied by an adult.

Water fights, laser tag, archery, basketball, football, rounders, dodgeball and much more!

For more information, please contact community@broxbourne.gov.uk
or call 01992 785555 extension 5591.



**BOROUGH OF
BROXBOURNE**
www.broxbourne.gov.uk

FREE

CALISTHENICS

Sessions

Calisthenics is bodyweight training that builds strength, balance and control. No equipment, just you against gravity.

- Ages 14 +
- Every Wednesday
Waltham cross
playing fields
(outdoor gym)
- 6 - 7 (beginners,
technique training &
small work outs)
- 7-8 (moderate -
advance) group
workouts



Sporting
Aid



No booking required - info@SportingAid.org - Open to all abilities

SPORTING AID



Police & Crime
Commissioner
FOR HERTFORDSHIRE



**BOROUGH OF
BROXBOURNE**

WALTHAM CROSS SPORTS FESTIVAL



All
activities
are free*

Saturday 15 August, 12noon to 4pm
Waltham Cross Playing Fields EN8 7LU

Join us for a vibrant, free community event celebrating the fantastic sporting opportunities available for all ages in Waltham Cross!

Enjoy a day packed with exciting activities including **basketball, football, skateboarding, calisthenics, boxing, cycling, mini tennis** and much more — **all at no cost!**

Free lunch available for those taking part in activities (while stock lasts).

Just turn up and enjoy!



For more information, please contact
community@broxbourne.gov.uk





FREE SPORTING ACTIVITIES

MULTI SPORTS - HOLDBROOK

EVERY MONDAY 5:30-7:30



AGES 10-17

WalthamCross-HoldbrookEstate-EN87SL -
Multiusegamearea-No bookingrequired



SPORTING AID



FREE

Multi sports

DATES AND LOCATION

TUESDAY

28 JULY 4 AUGUST

11 AUGUST 18 AUGUST

25 AUGUST 1 SEPTEMBER

NIGHTLEYS PLAYING FIELDS
MILL LN, CHESHUNT, WALTHAM CROSS
EN8 0JX

**5.30PM
TO
7.30PM**

summer term

