

Beezee

in Hertfordshire



Want to help families in Hertfordshire make healthy habits?

Sign up for our free professional training today.

Our nutritionists and wellbeing coaches offer training sessions to help you talk about sensitive health topics with families.

These sessions cover:

Raising the issue of obesity

- Understanding the factors surrounding it
- How to start the conversation
- The correct language to use.

Fussy eating training

- Fussy eating guidance
- Children's eating styles
- Practical techniques to support parents and carers.

Get in touch today to sign up

@ BZBinfo@maximusuk.co.uk

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All our training comes with a free six-month refresher



Hertfordshire